

## INVITATION TO COMPREHENSIVE MEDICAL EXAMINATION

Dear Parents,

We invite all parents expecting a child and/or having a child under school-age to a comprehensive medical examination. These comprehensive medical examinations take place in mid-pregnancy, as well as when the child is aged 4 months, 1½ years, and 4 years. The medical examinations chart the health and well-being of the family as a whole. <sup>1</sup>

We kindly ask you to prepare yourself for the comprehensive medical examination at home by printing out and filling in the forms related to the examinations and to consider their contents before coming to the examination. Be sure to bring the forms with you to the appointment with the child welfare clinic. If your 4-year-old child is in day care, you will receive the welfare-test forms at the day-care center, in connection with the preschool-education discussion.

[The forms](#) are available on the City of Vantaa's Internet Clinic.

Forms to be brought to the comprehensive medical examination	Date of comprehensive medical examination
<b>Mid-pregnancy (weeks 13-18)</b> <a href="#">Everyday Resources for Families Expecting Their First Child</a> AUDIT- test <a href="#">Neuvokasperhe card</a>	
<b>When the child is aged 3-4 months</b> <a href="#">Everyday Resources for Families with A Newborn Baby</a> AUDIT-test	
<b>When the child is aged 1½ years</b> <a href="#">Everyday Resources for Families with An Infant</a> AUDIT-test	
<b>When the child is aged 4 years</b> <a href="#">Comprehensive Medical Examination for 4-Year-Olds</a> AUDIT-test	

If the child welfare clinic has given you the Neuvokasperhe card, please bring it with you to the appointment.

Welcome to the child welfare clinic!

Nurse \_\_\_\_\_ tel. \_\_\_\_\_

<sup>1</sup> Compliant with the Government decree on maternity and child welfare clinics (380/2009; 338/2011), health examinations at Finnish maternity and child welfare clinics are standardized as of January 1, 2011.